

# Festal Matins - Hymns of Ascent, 1st Antiphon

## "From My Youth"

Tone 4

Valaam Chant

Soprano  
Tenor

From my youth\_ do man - y pas - sions war a - gainst me;

Alto  
Bass

First system of musical notation for Soprano, Tenor, Alto, and Bass parts. The Soprano and Tenor parts are on a treble clef staff with a key signature of one sharp (F#). The Alto and Bass parts are on a bass clef staff with a key signature of one sharp (F#). The lyrics are: "From my youth\_ do man - y pas - sions war a - gainst me;"

but do Thou Thy - self de - fend\_ and save me, O my Sav - ior.

Second system of musical notation for Soprano, Tenor, Alto, and Bass parts. The lyrics are: "but do Thou Thy - self de - fend\_ and save me, O my Sav - ior."

Ye ha - ters of Si - on shall be shamed by the Lord; for like grass

Third system of musical notation for Soprano, Tenor, Alto, and Bass parts. The lyrics are: "Ye ha - ters of Si - on shall be shamed by the Lord; for like grass"

by\_ the fire shall ye\_ be with - ered. Glo - ry to the Fa - ther,

Fourth system of musical notation for Soprano, Tenor, Alto, and Bass parts. The lyrics are: "by\_ the fire shall ye\_ be with - ered. Glo - ry to the Fa - ther,"

and to the Son, and to the Ho - ly Spir - it, now and ev - er, and

Fifth system of musical notation for Soprano, Tenor, Alto, and Bass parts. The lyrics are: "and to the Son, and to the Ho - ly Spir - it, now and ev - er, and"

un - to a - ges of a - ges. A - men. In the Ho - ly Spir - it

Sixth system of musical notation for Soprano, Tenor, Alto, and Bass parts. The lyrics are: "un - to a - ges of a - ges. A - men. In the Ho - ly Spir - it"

ev - 'ry soul is quick - ened, and through cleans - ing is ex - alt - ed

Seventh system of musical notation for Soprano, Tenor, Alto, and Bass parts. The lyrics are: "ev - 'ry soul is quick - ened, and through cleans - ing is ex - alt - ed"

and made ra - di - ant by the Tri - ple Un - i - ty in a hid - den sa-

cred man - ner.